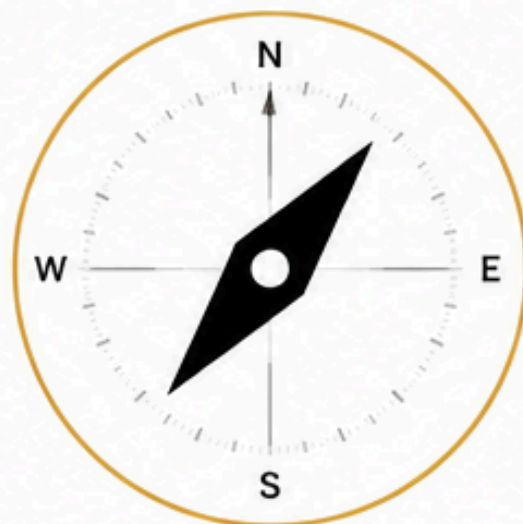


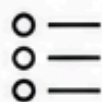
YOUR LIFE WORKS ON PAPER. BUT SOMETHING FEELS OFF.

You're getting things done. You keep up with responsibilities. You hold it all together.

And yet, you can't shake the feeling that you're not living the life you want.



5 SIGNS YOU MIGHT BE IN THE DRIFT



01

Life feels full, but not necessarily fulfilling.



02

You keep telling yourself you'll get to what matters most "one day".



03

The weeks pass quickly, but little feels different.



04

You feel disconnected from what once mattered to you.



05

You sometimes wonder how you ended up where you are today.



THE HIDDEN COST OF STAYING IN THE DRIFT

- Time disappears, but progress feels invisible.
- Energy is spent maintaining, not building.
- Important things get pushed aside.
- You live more on autopilot than on purpose.
- Regret grows quietly in the background.



DRIFT ISN'T A FAILURE. IT'S A PATTERN.

The good news? Patterns can be changed.

WHY IT HAPPENS

Drift happens slowly.
It's not one big decision.
It's hundreds of small, sensible choices that keep you moving, just not in a direction that excites you anymore.



WHAT STARTS AS
A GOOD CHOICE



OVER TIME BECOMES
A HABIT



THAT KEEPS YOU
IN THE DRIFT

A SMALL EXPERIMENT

Think back over the last week, including today, and ask yourself:

Did you make at least one choice each day that moved you toward what is most important to you?

Don't judge the answer.
Just notice it.

**Awareness is the first
step out of the drift.**

LIFE ON PURPOSE IS POSSIBLE

- ✓ You feel more connected to what matters.
- ✓ Your energy goes where you choose, not just where you're needed.
- ✓ You make progress on the things that light you up.
- ✓ Life feels more intentional, meaningful and alive.



YOU DON'T NEED TO HAVE IT ALL FIGURED OUT.

You just need the right space, support and tools to take consistent steps forward.

YOU DON'T HAVE TO FIGURE IT OUT ALONE.

Understanding the pattern is powerful.
But lasting change happens in community.
The Living Room is where we support each other to make intentional choices, take action and create a life that feels like our own.



- ✓ Live coaching & workshops
- ✓ Practical tools & frameworks
- ✓ Accountability & support
- ✓ A community of like-minded people

**This is where intention
turns into meaningful change.**



**YOU'VE TAKEN THE FIRST STEP. WHAT HAPPENS NEXT IS UP TO YOU.
JOIN THE LIVING ROOM AND START LIVING WITH INTENTION.**



Let's do this.